

Whats new Travelling Well 14th Edition 2008??

Page no	change
17	Vaccine duration – add dukoral gives etec protection for 3 mths
18/19	Vaccine list – add new vaccine ; Adacel Polio, reword rabies slightly, delete kids dukoral dose, repeat TB test 3 months after return home
20	Scheduling grid ; Add ETEC diarrhoea to cholera line and cervical cancer to HPV entry
25	Permethrin nets are safe for pregnant women
26	Take malarone with fatty food/ drink
34	pregnant women kit list – 30% Deet is OK , elastic stockings above the knee. mention azithromycin, maxolon, canesten cephalixin are safe
38	Fix implanon duration error – now says 3 years
39/40	Pregnant, - wear seatbelt low, book an aisle seat, Travel with a companion when pregnant. Dehydration, Hep E Listeria and toxoplasmosis are more serious
55	Safety around monkeys ; do not stare, move slowly , stay close to temple staff, show open palm, mistakes in rabies pep are common in dev world , remove emphasis on patting animals
58/59	motion sickness –Mal de Debarquement syndrome / use of diazepam / minimise head and body movement
62	Don't even think about travelling by road in rural areas after dark in the developing world include avoid night buses
74/ 75 / 76	Reword altitude Exercise is equivalent to further ascent, carbohydrate diet improves oxygen efficiency and decrease symptoms AMS, coca tea mild stimulant
89	Insert Jay Keystone comment t hat up to 70% of malaria blood slides read as positive in Africa are false positive. Note Binaz now makes malaria test kit
90/91	Delete halfan, add info on Riamet and dose / delete comment about interactions with riamet
97-107	Completely Reword diarrhoea section / simplify flow chart
121	Snake bites - immobilise limb , add info that not all snakes need to have compression bandages – e.g. Indian vipers
144	Kids first aid – add comments: in a child death from malaria can occur within 24 hours of onset of symptoms re ORS, Taste is not a reliable way of avoiding the addition of too much salt. Don't give loperamide to children under 6
166	Info on halfan being discontinued, brief info artemesin and derivatives. remove reference to tafenoquine and savarine.
181	Add option of albendazole as well as mebendazole